

Team Based Mental Health in Schools

Supporting Immigrant Students and Their Families Amanda Macadam, RN, BSN

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Who am I and why do I care about this

Past experiences

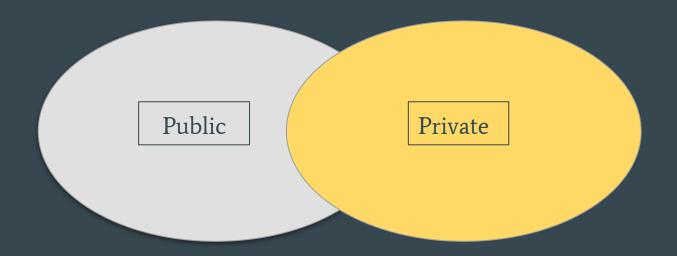
Current experiences

Coming out of the pandemic



What are the challenges facing the families that we serve?

What structures and supports are already in place for the families that we serve?



Different perspectives make all the difference

Story about 3rd grade student Story about 5th grade student

The Discussion by Anne Handley



Tips for supporting non-english speaking families.

Build relationships with their families, include your own family and experiences when appropriate.

Lead with curiosity and respect.

Make yourself available even when it is an interruption.

Ask about cultural practices and differences.

Learn and practice different languages.



Language Based Resources